



The Second-Year Connection

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Newsletter

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To Get Ahead . . . Get Involved

By Connan Campbell,
Washington State University

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Decades of research supports the idea that students involved in campus activities (fraternities, residence halls, student government, community service) are more likely to graduate and are more likely to develop leadership skills that prepare them for “life after graduation”.

Research also asserts that students involved in co-curricular activities do better academically. Whether this is because they have readily-accessible mentors in their advisors and supervisors, are forced to improve their time management skills or their involvement is directly related to coursework, the results are positive. Certainly, if you’re involved, you are probably having more fun than those who are not active!

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1. Get connected in your career field.

Join a student group focused on your career field or field of study. Most organizations are affiliated with a national association that produces a newsletter or publications, a listserv, and hosts a regional or national conference; all opportunities that offer insight into issues and a connection to practicing professionals.

2. Join a student organization.

Become involved in a non-academic focused student organization that forces you to improve your interpersonal relationships and communication skills.

3. Participate in community service activities.

Companies of all sizes build connections to customers by connecting to their communities. Participating in service activities or raising funds for charities can demonstrate your ability to build relationships and your interest in the community.

4. Take on leadership roles in all that you do.

Being an active and responsible member is not enough. Companies have a lot of employees who fulfill their basic responsibilities. They need individuals – like student organization officers – who are willing to take responsibility for the success of the organization and the development of others. With this in mind, do not attempt to take on so many leadership responsibilities that you are unable to show successes in your efforts.



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“The past is a ghost, the future a dream, and all we ever have is now.” Bill Cosby

To Get Ahead...Get Involved continued from page 1

A research study involving human resource professionals, CEOs, and senior recruiters for the Top 1000 companies in the US asserted that 60% of candidates' success could be attributed to exposure and visibility, above the 30% for image/manners and 10% for talent.

Getting involved can help you gain the necessary skills to be successful after graduation, but getting involved to get connected can be even more beneficial.

To get ahead . . . get involved! Excerpt from COLLEGE TRANSITIONS TIMES • APRIL 2007 • A Life After Graduation, LLC Publication © 2007. www.LifeAfterGraduation.com

How You Can Get Involved at UofL

The University of Louisville hosts over 300 student organizations covering a wide variety of student interests. These groups provide a wonderful opportunity to become involved in campus life and to connect with other students on campus. The Student Activities Department oversees all Recognized Student Organizations (RSO) on campus and assists with the formation of new groups, leadership training, new member intake and the planning of numerous campus events. The staff is available to consult with individuals and organizations to help them succeed and get involved. For information about how you can get involved: <http://louisville.edu/studentactivities/clubs>



For information on how to get involved in volunteer activities and community service: <http://louisville.edu/leadership/>

February Happenings from Campus Health Submitted by Karen Newton

Valentine's Day Cooking Workshop, Feb. 14, 5:45-7:00 p.m. Chef Jim Whaley leads students in an interactive cooking demonstration. Cost is \$3 and includes a full meal. Sign up in the Office of Health Promotion (between SAC and Houchens).

Wrong with Me, Feb. 9,10,11 at 8:00 p.m., UofL Thrust Theatre. Free! An original play about anxiety, depression, bi-polar...but not alone.

Free Yoga, 8:30-9:30 p.m., Mon. and Wed., NPHC Suite; Tues. and Thurs., Miller Hall. No experience necessary!

V-Day is a global activist movement to end violence against women and girls that raises funds through benefit productions of playwright/founder Eve Ensler's award winning play *The Vagina Monologues*. When: Feb. 9, 10, 11 at 7:00 p.m. in the Playhouse Theatre.



Cardinal Trivia



A recent article in The Louisville Cardinal reported that a landmark building on Belknap Campus will be closed for possibly three years as it undergoes a \$50 million expansion. This building is:

a. Grawemeyer Building

b. J. B. Speed Art Museum

c. Ekstrom Library

Send the correct answer, along with your name and phone number, to jrport01@louisville.edu for a chance to win a 2 GB flash drive!!

It's Happening Here! News from around the Campus

Peer Advisors Needed Submitted by Meagan West

Peer Advisors are needed to work for the College of Arts and Sciences. Peer Advisors will be trained to help freshmen students plan and schedule courses during the Summer Freshman Orientation Program, serve as CAPS leaders, and teach the Gen 101 "A & S Orientation" course during the Fall and Spring semesters. This is a great opportunity to learn more about the university, meet new people, and make money (\$7.50 per hour/20 hours maximum per week).

In order to apply:

- *You must have completed at least 30 hours
- * Be an undergraduate with a 2.5 or above GPA

Please complete the application, provide 2 letters of recommendation, and a resume by February 13th. The applications and recommender's form link can be found on the Peer Advisor website. To learn more about the Peer Advisor program: <http://uofl.me/askasa-pa>

Volunteers Needed Submitted by Diane Whitlock

Volunteers are needed to work registration and assist presenters at the 39th Dr. Joseph McMillan Conference on the Black Family in America (<http://louisville.edu/culturalcenter/bfc>). The conference will be March 8-10 at the Hilton Garden Inn on Crittenden Drive. This year's theme is, "Strengthening and Empowering Black Families for the Future," and the banquet keynote speaker is Dr. Michael Eric Dyson. Volunteering at this event provides students the opportunity to support a great cause and earn community service hours. For more information or to volunteer, contact Diane Whitlock, Conference Logistics Chair, at dwhit01@louisville.edu.

Spring 2012 University Wide Career Expo- Student Information

April 3, Student Activities Center, Multipurpose Room, 11 a.m. - 3 p.m.

Who should attend? *Think this event is just for graduating seniors - think again...*

For more information: <http://louisville.edu/career/>

Need Information about Majors?

Do you still need to select a major? Are you thinking about changing your major, but would like more information? If so, you will not want to miss the Majors Fair on Valentine's Day, **Tuesday, February 14** from 11-1 in the SAC Multipurpose Room. Undergraduate students interested in learning more about the University of Louisville majors and minors are invited to attend the Majors Fair. The Majors Fair will provide you with an opportunity to meet with faculty, advisors, and career coaches to discuss a variety of possible majors as well as many available career opportunities connected to each major.

Freshmen will receive a FREE UofL "Class of 2015" tee shirt at the event!

MAJORS FAIR

Need to:

Change your major?

Learn more about a major?

Talk to an advisor or career coach?



Tuesday, February 14 from 11-1
SAC Multipurpose Room
(Enter through 2nd floor cafeteria)

louisville.edu/advising/majors-fair



It's Happening Here!

B.A. in Liberal Studies...The Individualized Major Program at UofL Submitted by Maggie Noffke

The Liberal Studies/Individualized Major Program allows eligible Arts & Sciences students to construct an undergraduate major which closely fits each person's distinctive interests. In LBST/IMP, you can shape your own major, selecting courses from departments across the College of Arts & Sciences as well as incorporating, when relevant, coursework from outside A&S. While our majors complete the same general education and programmatic requirements as others seeking a B.A., Liberal Studies majors design unique programs which support their interests and professional/intellectual goals.

For more information about this major, please visit our website at <http://louisville.edu/liberalstudies/> or contact the program advisor at maggie.noffke@louisville.edu

Annual Book and Media Sale Submitted by Luke Buckman

The University of Louisville Honors Student Council needs your help collecting books, CDs, DVDs, video games, computer games, cassette tapes, and vinyl records for their **Book and Media Sale** to support Kosair Children's Hospital. Their goal is to collect 30,000 pieces of media and raise \$10,000 at their 2012 Book and Media Sale in April. That's how much money it takes to renovate an individual room in the Kosair Children's Hospital Pediatric Intensive Care Unit.

If you'd like to help Honors Student Council help sick children, bring your gently used books and media to the Etscorn Honors Center in the first floor of Threlkeld Hall or the Overseers Honors House or to other drop-off boxes around campus.



These days, it seems there's an app for just about everything. If you need a new solution for study strategies, REACH has an app for that...it's called the **Student Success Seminars**.



Effective Note-Taking, Thurs., Feb. 9,
4:30 - 5:20 p.m., Strickler 111



Acing the Test, Fri., Feb. 10, 10:00 - 10:50 a.m. & 2:00 - 2:50 p.m., Strickler 111

Valentine's Day REACH Out Event

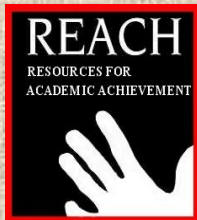
Tuesday, February 14

10:30 a.m. - 2:30 p.m., Strickler Hall Lobby

- Stop by for free snacks and drinks
- Get information on REACH services from drop-in math tutoring to graduate exam reviews



A Friendly Reminder: Thursday, March 1 is the Deadline to Withdraw from Spring Classes.



REACH...FOR ACADEMIC SUCCESS!

Centralized academic support unit for UofL undergraduate students

- All study sessions and tutoring services are free
- Many honors and scholarship students use REACH for success in the classroom
- Students regularly attending weekly study sessions often earn a higher percentage of As, Bs and Cs than their peers in the same courses

REACH.LOUISVILLE.EDU

126 Strickler Hall Phone: 852-6706

Math Resource Center (Strickler 226 east)

Virtual Math Center (Strickler 331 east)

Drop-in tutoring for 100 & 200- level A&S mathematics courses, Speed School Calculus I & II, and precollege mathematics courses

Virtual Math Center offers resources 24/7 and real-time tutoring during select nights and weekends

ADVANCE in Mathematics Program offers year-round algebra review in seven-week sessions

Computer Resource Centers (First floor, Ekstrom Library; First floor, iTech Zone, MITC Building)

Provides **drop-in tutoring or scheduled study sessions** for Business CIS and Speed School courses

Offers help with course related computer projects, general computer skills and specific UofL:

Blackboard, ULink and CARDmail

Delphi Digital Media Suite (Ekstrom) helps students use the latest equipment and software to create, evaluate, and edit multimedia projects

The Learning Resource Center (Strickler 107, 111 west)

Scheduled Tutoring provides weekly scheduled small group tutoring sessions for 100, 200 and many 300-level courses

Supplemental Instruction & Learning Assistance provide large-group study sessions for traditionally difficult courses

Individual Tutoring offers "time and a half" scheduled appointments to students with disabilities

Student Success Seminars offer instructional sessions on college study strategies and more

The Academic Development Office (Strickler 126)

helps students create individual study plans to help them reach their academic goals, listens to student concerns, and provides referrals to campus-wide services.

Attention all New Students! Let the voices of experience guide you. Get help with the transition to university life. Peer mentors can connect you to new friends, campus RSOs, events and resources, and service/leadership opportunities.



Walk-in office hours are from 9 a.m. – 4 p.m. in the REACH Welcome Center, Strickler 126.



College on a Budget



Confused about finance or need help managing your money?

Check out these sessions Tuesdays at 5:30 p.m in the Floyd Theater:

Feb. 21: Understanding Credit Card Lingo Mar. 6: Help! I'm in Debt

Mar. 20: Help! I'm Out of Money Apr. 10: Housing

Sponsored by: REACH, Student Financial Aid, College of Education and Human Development, Career Center, and the Student Government Association

Facebook.com/CollegeOnABudget

It's Happening Here!

Learn Photoshop Techniques for Digital Photography Manipulation Submitted by Neil James

The Digital Media Suite (DMS) announces the following workshops which are **free** to all students:

Adding Flares, Light Beams, Blurs, and Zooms	February 21st and 22nd
Color Manipulation and Movie Poster Design	February 28th and 29th
Light Streak Art	March 6th and 7th
Texture Mapping	March 13th and 14th
Distortion and Particle Illustration	March 20th and 21st
Using Vector Shapes in Photos	March 27th and 28th
Surreal Photo Manipulation	April 3rd and 4th

Tuesday, 5:00– 6:30 p.m. or Wednesday, 3:00– 4:30 p.m.

Sign up at the DMS in Ekstrom Library, Room 114 or email ndjame01@louisville.edu

Scholarship Applications for the 2012 Fall Semester Available at the Red Barn!

Applications also available at <http://louisville.edu/studentactivities/redbarn/scholarships.html>

or in

SAC 310, Financial Aid Office, Bursar's Office.
Must be turned in by Mon., Apr. 23 by 5:00 p.m.

Good Morning Commuter!

WHAT: FREE Krispy Kreme donuts and John Conti coffee

WHERE: Red Barn

WHEN: Every Tuesday morning from 8:30AM to 10AM

WHY: Because we love our students!!!



Are You Interested in Graduate School? Medical School? Dental School?

The **REACH Learning Resource Center** in Strickler Hall, Room 107, is offering **FREE review sessions** for UofL students only!

- Review **GRE** test taking strategies in a series of two workshops
- Review **MCAT** test taking strategies in a series of three sessions
- Review **DAT** test taking strategies in a series of four sessions
- Get advise and a head start with tutors who have scored well in the past
- Get ahead, Be Prepared, Score Well

For more information, including dates and times, visit:

reach.louisville.edu or email lrctutor@louisville.edu



Check your Schedule.



Review with REACH.



Hit your Target Score!



Achieve Success!

It's Happening Here!

GRE Workshop with Lunch Submitted by Kaitlin Hancock

Psi Chi: The International Honor Society in Psychology is hosting a morning GRE workshop (Kaplan conducted), followed by lunch, and a practice exam on Saturday, March 3rd from 9-4 in HM300. All for only \$20. Post-baccalaureate, current graduate, and undergraduate students are welcome. Preregistration and payment are required by February 20th. Space is limited. PLEASE ACT FAST TO RESERVE YOUR PLACE!!! Bring or mail your check (payable to Psi Chi) or cash to Life Sciences, Room 317. Please include GRE, your name, and email address. Questions: contact Ashley Morden, Psi Chi Secretary at a0mord01@louisville.edu or Dr. Leonard, Psi Chi Faculty Director at maleon02@louisville.edu.

How to be a Magnificent Mentor Workshop!

Not sure if you have time to mentor formally, but want skills on how to be a more helpful friend, sibling, organization member, fellow student or ally in everyday life? At this two-part workshop you will learn about the benefits of mentoring and develop a mentoring skill set that is also adaptable to situations working with children and youth. **Part 1: Thurs., Feb. 9, 5-6:30 p.m., SAC W312; Part 2: Thurs., Feb. 16, 5-6:30 p.m., SAC**

News from First Year Initiatives Submitted by Brittany Blake

Conversation Café, Wed., Feb. 8 (12-1 PM, Cultural Center) Author Wes Moore often talks about the "power of choice". But what do we do when our choices are affected by factors beyond our control? Join First Year Initiatives, PEACC, and Women & Gender Studies as they use examples from *The Other Wes Moore*, other countries, and current students to discuss this topic specifically from the perspective of women. This event is part of V-Week, sponsored by PEACC. **FREE lunch!**

A&S Student Council's 5th Annual Student Art Show (Feb. 21- 24, SAC MPR)

BinC and FYI are sponsoring one of the 12 categories in which you can enter your artwork. *Roads Not Taken: An Exploration of the Power of Choice*, asks the artist to take inspiration from *The Other Wes Moore*. Respond to the prompt at: http://louisville.edu/firstyear/book-in-common/2011-2012-1/2012_AS_ArtShow_Info2.pdf

All mediums are accepted as long as the work responds to the prompt. Winners in this category will receive a Flip Video Ultra HD camera (1st place) and a basket of art supplies (2nd and 3rd places). Applications are available in Schneider Hall 104, SAC W310, and <http://louisville.edu/rso/aandsCouncil> The applications are due by Feb.17 at 4 PM to either location or can be submitted to ASArtShow2012@gmail.com

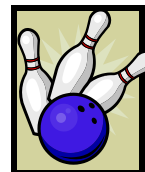
Cocoa Carts, Tues., Feb. 28 & Wed., Feb.29 (9-11 AM) The FYI staff will be driving around campus offering students FREE hot cocoa - we'll even add marshmallows, chocolate syrup, and whipped cream! Be on the lookout for the Cocoa Cart.



Service Opportunities

The Street Academy (Sat., Feb. 11, 1- 4 PM, Portland Elementary School, 3410 Northwestern Parkway). Parking is available in the school's parking lot and you can enter through the front doors. The Street Academy provides academic enrichment, behavioral modification, and cultural development for Afro American boys in grades 4-6. Volunteers will assist with activities and/or tutoring. For more information, contact Kevin Garner at kevin.garner@jefferson.kyschools.us

Bowl for Kids' Sake (Fri., Feb. 17, 6 PM, Rose Bowl Lanes) This is a fun and easy way to support Big Brothers Big Sisters of Kentuckiana. Participants get FREE bowling, pizza, and chances to win prizes like an eReader or iPad2. You can register as an individual or a team, and each participant must raise at least \$40. To register, contact Zach at zachary.krantz@bbbsky.org or at (502) 753-3752.



It's Happening Here!

هل تتكلم اللغة العربية؟ تعال وتكلم معنا في

REACH!

نرحب بكل المستويات!

REACH and the Arabic department invite you to Arabic Conversation Tables. You can practice speaking Arabic or just listen. All Arabic levels are welcome!!

LOCATION: LRC (Strickler 107)

WHEN: Thursdays 3pm-4pm



Venez nous rejoindre à La Table Française!
Come join us for an hour of conversation in French! All levels are welcome!

When: Every Wednesday 1:00 - 2:00 PM and Friday 12:00 - 1:00 PM in LRC (Strickler 107)

For more information on the Conversation Tables, contact lrctutor@louisville.edu or call 852-8114

Need to practice speaking Italian?



REACH invites you to "Tavola Italiana" - Italian Conversation Tables. You can practice speaking Italian or just listen. All Italian levels are welcome!

Vieni e parla!

LOCATION: LRC (Strickler 107)

WHEN: Mondays at 3:00 - 3:50 pm



Olá Pessoal, vamos falar português

REACH, the Portuguese Department and the Portuguese Club invite you to a

Portuguese Conversation Table!

Students of all levels are welcome!!!

WHEN: Every Wednesday - 1:00 - 1:50 PM and 2:00 - 2:50 PM

WHERE: Humanities Building, Room 104 (Lab)

Green Tip: RecycleMania starts this week... Now through April 6, UofL is competing against schools across Kentucky and around the country to see which campus can reduce waste and recycle the most. You can help the Cards win by fully using UofL's amazingly easy, single-stream recycling system that lets you recycle everything in the same bin: all types of plastic, paper, cardboard, metal and glass. [Get details](#) on what you can recycle at UofL. [Get updates](#) on UofL's RecycleMania standing.

Call for Nominations...2012 Student Awards are open to all UofL students and Recognized Student Organizations. Nominations are being accepted and can be made by faculty, staff and students. <http://louisville.edu/dos/students/programsawards/studentawards>



from REACH Academic Development

TRIO Student Support Services Offers Free Opportunities for Success Submitted by Nadine Petty

TRIO Student Support Services (SSS) is a federally funded educational opportunity program whose goal is to provide individualized academic, financial, and personal support to students in the program. SSS provides free seminars, workshops, mentoring, tutoring, cultural events, supplemental grant aid, graduate school visits, social activities and more to promote student success. The goal of SSS is to increase college retention and graduation rates and to assist students in successfully reaching their academic, career, and personal goals.

In order to qualify, students must meet either financial eligibility guidelines, be a first generation college student, or have a documented disability. If interested in participating, call 852-1406 or visit Room 106 in Davidson Hall. Our office is open Monday - Friday, 8:30 a.m. - 5:00 p.m.